

PANAMA SOUTH PACIFIC 2019

8 Days Panama City(2n)- Boquete(2n)-Boca Chica(3n)

Day 1: Panama City

You will be met at the airport and transferred to Panama City.

Accommodation at Hilton Garden Inn Hotel

Day 2: Boquete

Breakfast in the hotel

Transfer to the domestic airport

Flight to David

Transfer to Boquete

Hiking the woods:

On this path you will see El Quetzal and many time lazy 2-toed monkeys, howler monkeys and other animals. This is on a private estate with a primary forest and at the end of the trail there is a waterfall that surprises many.

Accommodation at Boquete Tree Trek Hotel

Day 3: Boquete

Breakfast in the hotel

Hiking Baru Volcano

Volcan Baru, a dormant volcano just south of the Continental Divide, is one of the only places in the world where one can see both the Pacific Ocean and the Caribbean Sea at the same time with the naked eye. Dozens of people attempt the climb daily, hoping to make summit before the gorgeous sunrise shines above the clouds, to then light up the beautiful mountain town of Boquete. Join us to make the steep and rugged climb by foot. You will make your way to the dormant volcano's summit, as you traverse through rolling green hills, lush jungle, and finally to rocky cliffs.

From the summit, you will get the breath-taking panoramic view of both of Panama's coastlines, the Pacific and the Caribbean for a "once-in-lifetime" opportunity to witness a volcano sunrise from the highest point in Panama. The hike is not for the faint-of-heart as it is an extremely challenging trail, often taking even the most experienced hikers 5 hours just to make the summit. Depending on your speed, you will wait at the top for the sunrise, amidst sometimes freezing temperatures and blistering cold wind gusts.

Accommodation at Boquete Tree Trek Hotel

Day 4: Boca Chica

Breakfast in the hotel

Transfer to Boca Chica

Accommodation at Bocas del Mar Hotel

Day 5: Boca Chica

Breakfast in the hotel

Leisure day

Accommodation at Bocas del Mar Hotel

Day 6: Boca Chica

Breakfast in the hotel

Leisure day

Accommodation at Bocas del Mar Hotel

Day 7: Panama City

Breakfast in the hotel

Transfer to David

Flight to Panama City

City tour & Miraflores locks

This is a guided tour to the most important and typical spots of Panama. During this tour we will be able to have a quick to the Contemporary Panama, then we will move on to the Panama Canal where we will have a guided tour that will allow us to appreciate the history and function of this engineering structure considered to be the largest of this century and the "Eighth Wonder of the World". With a little bit of luck, we will be able to observe the passage of a ship through the Canal.

Afterwards, we will head to Causseway (3 islands joined by the land that was digging took off from the canal construction), and Casco Antíguo (colonial Panama) where we will have the pleasure of touring its narrows streets, plazas and parks that still conserve much of the country's history. Our visit will extend up to the France Plaza, The Vaults, the San Jose Church with its impressive gold altar, the "Arco Chato" (flat arc), and the cathedral among others.

After the tour, delivery of the rented vehicle.

Accommodation at Hilton Garden Inn Hotel

Day 8: Panama City

Breakfast at the hotel

Visit to the Embera community

We will depart early in the morning. We will be able to observe many rural areas dedicated to the agricultural activity. We will arrive to the shipment point of Corotu where we will board a rowing canoe that with our input will take us through the Chagres River, which is characterized for its scenic landscapes. Upon arrival to our destination we will be welcomed by the indigenous community whom will give us a speech in the Bohío (a type of hut made of guagara and palms) on their customs, work materials, medicinal plants, etc. We will enjoy of their typical music, dance and food and will have the opportunity to make paintings on the body similar to the ones they possess.

Transfer out.

The price of the program is in USD for1 Pax:

Season	Jan 05 -Nov 30
<u>DBL</u>	\$2,562
<u>TPL</u>	\$2,405

SGL Spl.	\$726
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City	Hotels	Nights
Panama City	Hilton Garden Inn	2
Boquete	Boquete Tree Trek Hotel	2
Boca Chica	Bocas del Mar Hotel	3

The price of the program includes:

- Flight Panama/David/Panama
- Hiking the woods
- Hiking Baru Volcano
- Transfer David/Boca Chica/David
- Panama city tour
- Visit to the Embera community
- Breakfast and hotel taxes
- Airport -Hotel-Airport Transfer

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(ADA-25/07/2019)